PATIENT SUPPORT TEAM: 475-246-8041

Contact the patient support team if you need assistance with:

MyChart enrollment

Downloading Zoom or the MyChart App

> Connecting to a Video Visit

Retrieving your MyChart password



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MyChart Video Visit Guide



MyChart Username:

MyChart Password:

ADVANCED DIAGNOSTIC PAIN TREATMENT CENTERS

VIDEO VISIT GUIDE

For your scheduled, MyChart Video Visit you will need:

- An Apple or Android smartphone or tablet such as iPad, OR a computer with camera, speakers, and microphone
- MyChart can only be accessed via **Safari**, **Chrome** or **Edge**
- A MyChart account, login, and password for yourself.

STEP 1: PREPARE FOR YOUR VISIT:

- Access the video visit using the MyChart and Zoom apps (smartphone or tablet).
 Both will require a one-time install to your device. Call the Patient Support Team if you need assistance.
 - To download the **MyChart app** to your device, search "MyChart" in the **Apple App Store** or **Google Play Store**. Check that you can log into the app using your MyChart login and password.

 MyChart
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 Your secure health connect...
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• To download the **Zoom** app to your device, search "Zoom" in the **Apple App Store** or **Google Play Store**.

There is no need to create a Zoom account and no charge for the Zoom App

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- Ensure you will be in Connecticut or a state in which your clinician is licensed at the time of your video visit.
- Ensure you will be in a **private location** with **reliable Wi-Fi or LTE** at the time of your video visit.

STEP 2: THE DAY BEFORE YOUR VIDEO VISIT:

• Complete the eCheck-in process by opening the MyChart app, logging in and choosing "eCheck-In" next to the video visit appointment.



• Verify your personal information and complete all sections. You will be required to sign any outstanding documents, including your telehealth consent. Click "Submit." You'll receive a message that your eCheck-in is complete.

Helpful Hints

- Turn on your microphone and speakers.
- Turn up your volume.
- Turn off your Bluetooth (unless using for medical device).
- Ask your clinician about including an interpreter in your visit.

STEP 3: AT LEAST 15 MINUTES BEFORE YOUR VIDEO VISIT:

- Navigate to your video visit appointment in My Chart.
- Select "Begin Visit" in MyChart.
- If prompted open in Zoom. You will see a video preview screen, make sure to turn on your camera and select "Join." You are then brought to a virtual waiting room, wait for your clinician to join, and admit you into the video visit.
- Allow access to your microphone and camera.
- Once the meeting is joined, select "Wi-fi or Cellular Data."



• Once your clinician joins, there are options to leave the meeting, mute/unmute sound, and chat.

FOR ASSISTANCE, call the patient support team: 475-246-8041

If you hit "Leave the Meeting" by mistake, go back to MyChart and select "Begin Visit" again.